



# Baobab Counseling Center

Did you know that the West African Baobab Tree is a symbol of strength and resiliency? Here at Baobab Counseling Center, we believe all of our clients are able to experience healing by utilizing their own strength and resiliency with the support of our experienced therapists.

## We're Being Noticed!

Baobab has been selected again as the only therapy practice to be highlighted in this quarter's N. Fulton Community Magazine! Check us out [here](#). A copy of the Magazine is available in the lobby.



## Community Spotlight

Reed was a sophomore at Etowah High School. He was a loving, smart, talented, well-liked and seemingly a strong and mentally healthy 15 year old when he took his own life on December 19, 2018. What none of us knew was that Reed was hurting...he was not okay.

[READ MORE](#)

Read our Journal Blogs [HERE](#)

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[www.baobabcounselingcenter.com](http://www.baobabcounselingcenter.com)

# Baobab Counseling Center

Call us at: 678-834-9242

Website: [baobabcounselingcenter.com](http://baobabcounselingcenter.com)

## Our Staff



Rebekah Tchouta, LCSW  
Founder, Clinical Director

Focus: Teens, Adults, Substance Abuse,  
Risk Assessments, Family Work, Trauma,  
Brainspotting



Aimee Mason, LMSW

Focus: Depression, Anxiety, Self-Esteem  
Issues, Stress Management, Transitions,  
Brainspotting.



Raven Jackson, LMSW

Focus: Kids, Teens, Adults, Stress  
Management, Transitions, Self-  
Esteem, Self-worth, Core  
Beliefs, Brainspotting



Macey Kligerman, Office  
Manager

Focus: Keeping everything running!



# Current & Upcoming Events



## Virtual Women's Collective

- Ongoing 2024
- Thursdays during lunch
- Ongoing, Open
- Please see our [website](#) for more info

## Drum Group

- TBD 2024
- Please see our [website](#) for more info

## Connecting With Intention

- Once each Month
- 12:00-2:00 pm
- Please see our [website](#) for more info

## Art of Healing-free community event

- TBD 2024
- Please see our [website](#) for more info

Have you had a good experience? Please consider leaving us a review [here](#)  
To unsubscribe from this email list, please reach out to us directly

[Learn more about who we are!](#)

# Community Spotlight

## Love Like Reed



It's OK to not be OK

Reed was a sophomore at Etowah High School. He was a loving, smart, talented, well-liked and seemingly a strong and mentally healthy 15 year old when he took his own life on December 19, 2018. What none of us knew was that Reed was hurting...he was not okay. Reed didn't talk about his pain, and didn't show signs of depression, so no one knew he needed help coping with his challenges. Every person that knew Reed was completely shocked that he ended his life. Signs of depression or anxiety are not always obvious.

Shortly after Reed's passing, we gave feet to our grief. LoveLikeReed, Inc. was created. This non-profit 501(c)(3) organization will honor Reed's life, by continuing his legacy of loving, helping, and serving others. Our mission is to erase the stigma that depression and anxiety carry and to help our local schools and community provide safe places for our children to talk to a professional when they are hurting or struggling. They need to know that It's OK To Not Be OK and when they share their feelings they can find hope and help to move past their current situation. Let's keep talking and communicating so together we can save lives.

The LoveLikeReed organization's mission is to help support the mental health of children and families in our community by providing financial assistance for counseling. If you know someone in need, please reach out to us.

Contact Amy Greene at 770-866-0423 or [amy.greene@comcast.net](mailto:amy.greene@comcast.net) if you need assistance or click on the "Find out More" link below to go to our website

[FIND OUT MORE](#)

**Support YOUR community!**